

Next Step Resource List

Adoption Services

Adoption Advocates/253-439-9220
Antioch Adoption/425-588-0921/antiochadoptions.org
Catholic Adoption Services/206-328-5921/ccsww.org
Choice Adoptions/503-550-9310/www.choiceadoptions.org
Open Arms/206-492-4196/openarmsadoptionagency.com

Adult Education Programs

Families that Work (counseling)/425-640-1255
Volunteers of America (tuition)/425-259-3192
WA Women in Need (tuition/supplies)/888-440-9946

Breastfeeding Support

La Leche League International/llusa.org
Northshore Midwives & Lactation/425-286-0466/Northshoremidwives.com
Pacific Wellness & Lactation/425-322-4913/pwlactation.com

Car Seats

Safe Kids Program (CONVERTIBLE birth-50lbs). Fill out application:
southsnofire.org/community-programs/classes/car-seats
under "Online Car Seat Check" choose "Request"
& fill out N/A under "Car Seat Information"
Two Hearts Pregnancy Aid/425-252-6444

Clinics (no or low cost)

3W Medical for Women/206-588-0311/3wmedical.org
Community Health Centers/www.chcsno.org/425-789-3789
Compass Health/compasshealth.org/425-672-3333
Lahai Health/206-363-4105/lahai.org
SeaMar Comm. Health Centers/425-312-0202/seamar.org

Clothes Assistance

Clothes for Kids (school age)/425-741-6500/clothesforkids.org
Tiny Blessings Boutique/office@arlingtonfm.com for appointment
Thread & Tread (5yo-adult)/cptsa.org/programs-activities/threads-treads/
Westgate Chapel/westgatechapel.com/425-977-4500

Community Services (General, Includes Immigration Support)

Catholic Community Services/206-328-5922/ccsww.org
Lutheran Community Services NW/206-694-5742/lcsnw.org

Counseling

Affordable Counseling/425-778-5544/myaffordablecounseling.com
Lahai Health/206-363-4105/lahai.org
Seattle Christian/206-620-1404/seattlechristiancounseling.com

Domestic Violence and Trauma Support

Compass Health/VOA Crisis Line 1-800-584-3578 (24 hrs.)
Dawson Place (Child & **CRIBS**)/425-789-3000/dawsonplace.org
Domestic Violence Services/425-252-2873 (24 hrs.)

Drug and Alcohol Recovery Resources

Alcohol & Drug Helpline (24/7)/800-584-3578
Catholic Community Services/206-328-5922/ccsww.org
Compass Health/VOA Crisis Line 1-800-584-3578 (24 hrs.)
WA Recovery Helpline/866-789-1511

Financial/General Assistance

Catholic Community Services/206-328-5922
St. Vincent de Paul/206-767-6449/425-374-1243
WA Kids in Transition3/425-361-2916/washingtonkidsintransition.org

Food Assistance

Bethany Compassion Ministries/425-512-9696
Everett Community Resource Center/425-355-6005
Everett Food Bank/425-259-3191x13014/voaww.org/foodbank
Lynnwood Food Bank/425-745-1635/lynnwoodfoodbank.org
Mount. Terrace Food Bank/425-778-7227/concern4neighborsfb.org
WIC/1-800-322-2588/ParentHelp123.org

Health and Education Programs for Parenting

CareNet/253-383-6033/carenetps.org
Child Strive/425-353-5656 x7144/childstrive.org
Expecting Miracles/www.expectingmiracles.com

Health Insurance

Step by Step/#425-286-7085/stepbystepfamily.org

Housing Assistance

*Acres of Diamonds/425-788-9999/acresofdiamonds.org
Cocoon House (12-17 yrs.)/425-877-5171/cocoonhouse.org
Everett Housing Authority/425-258-9222/evha.org
Mary's Place / marysplaceseattle.org / (206)245-1026
Monroe Gospel Women's Mission/360-863-9003
*New Beginnings/253-353-BABY/www.nbhomes.org
Vision House/206-812-8834/visionhouse.org
YWCA/206-461-4888/ywcaworks.org
*Love Line/loveline.com *for pregnant women

Human Trafficking

Human Trafficking Helpline/1-800-373-7888/text to 233733
Safe Horizon/1-800-621-HOPE(4673)
WARN Hotline/206-245-0782

Legal Help

Hopelink/(425)747-7274/www.hopelink.org
LFI (young adults)/206-696-7503 x17
New Beginnings/206-522-9472/newbegin.org
Snohomish County Legal Services/425-258-9283

Mentoring/Parenting Support

Embrace Grace/817-755-8484/embracegrace.com
LifeHouse Ministries (Marysville)/360-548-3177
YoungLives (Teen Moms)/425-299-0290

Post Abortion Support

abortionchangesyou.com
Healing Hearts/206-353-6936/healinghearts.org
Project Rachel/206-920-6413/ccsww.org/projectrachel
Rachel's Vineyard/1-800-822-4673/hopeafterabortion.com

Post Partum Support

Postpartum Doula/thegoodlife.love
Depression: PSI-WA WARM LINE/1-888-404-7763

Pregnancy Loss Support

miscarriagehurts.com
Focus on the Family/800-828-3111
Share/636-947-6164/nationalshare.org

Pregnancy Resources

Abundant Life Resource List/abundantlifewa.org
CareNet/care-net.org/253-383-2988
Love Line/loveline.com/888-550-1588
Pregnancy Resource Center/425-366-7567/realchoices.com
Prepares/206-737-9264/preparesforlife.org
Mercy House/425-775-7545/stpxparish.com/mercy-house-project
Two Heart Pregnancy Aid/425-252-6444/twoheartswa.org

Sexually Transmitted Diseases

3W Medical for Women/206-588-0311/3wmedical.org
Snohomish Health District/425-339-5261/snohd.org

Shelters

Everett Gospel Women's Mission/425-740-2501/egmission.org
Housing Hope/425-347-6556/housinghope.org
Interfaith Family Shelter/425-200-5121/interfaithwa.org
Salvation Army/425-259-8129/everett.salvationarmy.org/